



TIDY TIM

KONMARI METHOD™

CHECKLIST

TIDYTIM.CA





The 5 categories of the Konmari Method™ can divide into smaller sub-categories, making it easy to declutter effectively without overwhelm. Use this list to visualize what you have accomplished and what is next. As every person is different, so are our belongings. You may wish to add a few of your own sub-categories to this list.

### CLOTHING

- ☐ Tops, shirts, sweaters
- ☐ Pants, shorts, tights
- ☐ Dresses, skirts
- ☐ Socks, underwear
- ☐ Pyjamas / loungewear
- ☐ Active / swimwear
- ☐ Coats, jackets, outdoor
- ☐ Hats, gloves, scarves
- ☐ Costumes
- ☐ Belts & ties
- ☐ Footwear
- ☐ Jewelry, accessories
- ☐ Bags, purses, luggage

### BOOKS

- ☐ Fiction, nonfiction
- ☐ Cookbooks
- ☐ Magazines
- ☐ Coffee table books
- ☐ How-to books
- ☐ Children's books
- ☐ Plays, musical scores, librettos
- ☐ Reference & textbooks
- ☐ Graphic novels / comics
- ☐ Notebooks
- ☐ Phonebooks & catalogues

### PAPERS

- ☐ Newspapers, flyers
- ☐ Course/school material
- ☐ Account statements
- ☐ Warranties, manuals
- ☐ Sheet music
- ☐ Certificates, diplomas
- ☐ Letters, cards
- ☐ Business cards
- ☐ Coupons / gift certificates
- ☐ Credit cards / loyalty cards
- ☐ Passports / ID's

### KOMONO

Depending on your hobbies, you may want to create your own specific sub-categories (ie: jewelry making, climbing gear, yoga props).

### ELECTRONICS

- ☐ VHS tapes, DVD's, blu-ray
- ☐ CD's, records, tapes
- ☐ Phones, computers, tablets, gaming devices
- ☐ Video game systems, accessories
- ☐ Video games
- ☐ Cameras, microphones, printers
- ☐ Headphones, smart watches, wearables
- ☐ Memory cards, USB, ink cartridges, batteries
- ☐ Cords, cables, accessories

### HOME OFFICE & GENERAL

- ☐ Gift bags & wrapping
- ☐ Gift & greeting cards
- ☐ Pens, scissors, staplers, and other tools
- ☐ Pins, paper clips, small items
- ☐ Keys & access cards
- ☐ Money & coins

### HOBBY & LEISURE

- ☐ Sports/Fitness
- ☐ Outdoor gear
- ☐ Musical instruments and accessories
- ☐ Sewing, quilting, fibre arts
- ☐ Collections (stamps, coins, etc)
- ☐ Pet supplies
- ☐ Board games / puzzles
- ☐ Seeds and plant maintenance
- ☐ Travel accessories







## KITCHEN

- ☐ Table cutlery, dish ware
- ☐ Cups, mugs, glasses, bottles
- ☐ Utensils for cooking and serving
- ☐ Serving dishes
- ☐ Pots, pans, dishes for cooking
- ☐ Mixing bowls, colanders, strainers
- ☐ Baking trays, muffin tins, cooling racks
- ☐ Cutting boards, serving trays
- ☐ Knives, peelers
- ☐ Measuring, mixing, baking
- ☐ Small appliances (ie: toaster, blender)
- ☐ Food storage, tupperware, jars
- ☐ Tablecloths, napkins, aprons, oven mitts
- ☐ Shopping bags
- ☐ Tinfoil, saran wrap, ziplock bags, etc
- ☐ Wash cloths, dish towels
- ☐ Cleaning tools

## FOOD

- ☐ Vitamins, supplements
- ☐ Spices
- ☐ Baking supplies
- ☐ Canned / preserved goods
- ☐ Drinks
- ☐ Snacks, sweets
- ☐ Pantry / cupboard items
- ☐ Refrigerated items
- ☐ Frozen goods
- ☐ Coffee / tea, accessories

## SELF-CARE / BATHROOM

- ☐ Medicines, first aid
- ☐ Hair products, accessories
- ☐ Skin care, shaving
- ☐ Makeup, brushes
- ☐ Nail care, polish
- ☐ Dental hygiene
- ☐ Perfumes, bath bombs, epsom salts
- ☐ Q-tips and other consumables
- ☐ Towels
- ☐ Feminine supplies

## CREATE YOUR OWN SUBCATEGORIES

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## HOME MAINTENANCE

- ☐ Outdoor tools
- ☐ Gardening, landscaping
- ☐ Indoor tools
- ☐ Nails, hooks, screws
- ☐ Cleaning supplies, equipment
- ☐ Consumables (toilet paper, dish soap, etc)

## FURNITURE & DECOR

- ☐ Wall art, framed photos
- ☐ Candles, decor
- ☐ Furniture
- ☐ Rugs
- ☐ Lamps, lighting
- ☐ Plants, vases
- ☐ Blankets, pillows
- ☐ Bedding
- ☐ Seasonal decor (ie: Christmas)

## SENTIMENTAL

If you find anything sentimental along the way (even if it's a tee shirt or a book), be sure to set it aside for later during the sentimental category.

- ☐ Awards, yearbooks, trophies, medals
- ☐ Family heirlooms
- ☐ Sacred or religious items
- ☐ Sentimental cards / letters
- ☐ Journals
- ☐ Personal artwork
- ☐ Childhood keepsakes
- ☐ Photos, albums

### TIDY TIP:

For spaces with a mix of items (your car, or "junk drawer"), it might be helpful to bring everything out - then, sort those things into categories to tackle later alongside like-items, like "keys" or "batteries".

